SAILING CLUB
Beach Club | NHA TRANG

sen

Lotus Restaurant

STARTERS

MÓN SÚP / SOUP

SÚP HẢI SẢN / SEAFOOD SOUP *130.000*

Prawns • Squid • Corn • Carrots

SÚP TÔM TỨ XUYÊN / SICHUAN PRAWN SOUP *130.000*

Prawns • Sichuan Pepper • Shiitake Mushrooms • Carrots • Chilli

SÚP THÁI HẢI SẢN / TOM YUM SEAFOOD SOUP *130.000*

Prawns • Squid • Mushrooms • Tomatoes • Lemongrass

MÓN GỎI / SALADS

GỎI TRUYỀN THỐNG / TRADITIONAL VIETNAMESE SALAD *265.000*

Prawns • Squid • Carrots • Cucumber • Onions • Local Herbs • Sweet Chilli Fish Sauce

GỎI NGÓ SEN TÔM THỊT / LOTUS WITH PRAWNS AND MEAT *265.000*

Beef • Onions • Star Fruit • Kumquoc • Banana Flower • Carrots • Sweet Chilli Sauce • Local Herbs

GỎI BÒ BÓP THẤU / MIXED BEEF SALAD WITH TANGY DRESSING *250.000*

Chicken Thighs • Carrots • Onions • Cucumber • Local Herbs • Sweet Chilli Fish Sauce

GỎI GÀ XÉ / SHREDDED CHICKEN SALAD *250.000*

Chicken Thighs • Carrots • Onions • Cucumber • Local Herbs • Sweet Chilli Fish Sauce

Prices do not include 10% VAT and 5% Service Charge

MÓN XÀ LÁCH / SALADS

XÀ LÁCH TRỘN DẦU GIẤM / MIXED SALAD WITH VINEGAR *130.000*

Mixed Lettuce • Onions • Carrots • Tomatoes • Cucumber • Vinegar Dressing

XÀ LÁCH GÀ / CHICKEN SALAD WITH MUSTARD DRESSING *250.000*

Chicken Breast • Mixed Lettuce • Onions • Tomatoes • Cucumber • Carrots • Mustard Dressing

XÀ LÁCH TÔM / PRAWN SALAD WITH MUSTARD DRESSING *250.000*

Prawns • Mixed Lettuce • Onions • Tomatoes • Cucumber • Carrots • Mustard Dressing

XÀ LÁCH HẢI SẢN / SEAFOOD SALAD WITH MUSTARD DRESSING *250.000*

Prawns • Squid • Mixed Lettuce • Onions • Tomatoes • Cucumber • Carrots • Mustard Dressing

XÀ LÁCH CÁ NGỪ *250.000*
TUNA SALAD WITH MIXED MAYONNAISE AND MUSTARD DRESSING

Tuna • Mixed Lettuce • Onions • Tomatoes • Cucumber • Carrots • Mixed Mayonnaise and Mustard Dressing

MÓN CHIÊN / DEEP-FRIED

CÁNH GÀ TẨM BỘ CHIÊN GIÒN - XỐT MẬN *220.000*
CRISPY SPICY CHICKEN WITH PLUM SAUCE (FRIED)

MỰC TẨM BỘT CHIÊN GIÒN - XỐT MÙ TẠT XANH *265.000*
CRISPY SPICY BABY SQUID WITH GREEN MUSTARD

CHẢ GIÒ HẢI SẢN - NƯỚC MẮM NGỌT *220.000*
SEAFOOD SPRING ROLLS - SWEET FISH SAUCE

Prices do not include 10% VAT and 5% Service Charge

BÒ / BEEF

BÒ LÚC LẮC KHOAI TÂY CHIÊN / BEEF LOK LAK WITH FRENCH FRIES *280.000*

Beef • Onions • Bell Peppers • Okra • Oyster Sauce • French Fries

BÒ NƯỚNG MÈ / GRILLED BEEF WITH SESAME SEEDS *265.000*

Beef • Sesame Seeds • Local Herbs • Steamed Rice

BÒ NƯỚNG 12 VỊ / GRILLED BEEF TENDERLOIN 12 SPICES *265.000*

Beef Tenderloin • 12 Spices • Local Herbs • Steamed Rice

BÒ XỐT TIÊU XANH / GRILLED BEEF WITH GREEN PEPPER SAUCE *265.000*

Beef Tenderloin • French Fries • Green Pepper Sauce • Mixed Salad

COMBO

COMBO HẢI SẢN / NHA TRANG BAY SEAFOOD *485.000*

Tiger Prawns • Squid • Red Tilapia • Oysters • Mixed Salad • Potato Wedges

COMBO THỊT NƯỚNG / MIXED GRILLED MEATS *490.000*

Beef • Chicken • Pork • Sausage • Mixed Salad • Potato Wedges

Prices do not include 10% VAT and 5% Service Charge

CÁC MÓN HẢI SẢN
FROM THE SEA

HÀU | OYSTERS

HÀU NƯỚNG MỠ HÀNH (10 CON) / GRILLED OYSTERS WITH GREEN ONIONS *265.000*

Fresh Oysters • Green Onions • Peanuts

HÀU ĐÚT LÒ PHÔ MAI (10 CON) / OVEN-BAKED OYSTERS WITH CHEESE *265.000*

Fresh Oysters • Cheese

TÔM | PRAWN

TÔM SÚ HẤP NƯỚC DỪA | STEAMED PRAWNS WITH COCONUT *280.000*

Steamed Prawns • Coconut • Chilli Sauce

TÔM CHÁY TỎI | FRIED TIGER PRAWNS *280.000*

Tiger Prawns • Butter • Garlic

TÔM SÚ NƯỚNG MUỐI ỚT | GRILLED PRAWNS WITH SALT & CHILLI *280.000*

Prawns • Chilli • Mixed Salad

TÔM SÚ XỐT BƠ TỎI | TIGER PRAWNS WITH GARLIC BUTTER SAUCE *280.000*

Prawns • Butter • Garlic • Mixed Salad

Prices do not include 10% VAT and 5% Service Charge

Prices do not include 10% VAT and 5% Service Charge

MÌ | NOODLES

MÌ XÀO HẢI SẢN | STIR-FRIED SEAFOOD NOODLES — *265.000*
Noodles • Prawns • Squid • Onions • Cabbage • Carrots • Oyster Sauce

MÌ XÀO BÒ | STIR-FRIED BEEF NOODLES — *265.000*
Noodles • Beef Tenderloin • Onions • Cabbage • Carrots • Oyster Sauce

MÌ XÀO GÀ | STIR-FRIED CHICKEN NOODLES — *220.000*
Noodles • Chicken Breast • Onions • Cabbage • Carrots • Oyster Sauce

MÌ XÀO TÔM — *265.000*
Noodles • Prawns • Onions • Cabbage • Carrots • Oyster Sauce

CAO LẦU ĐẶC BIỆT — *220.000*
Noodles • Char Siu Pork • Onions • Cabbage • Carrots • " Cao Lau " Sauce • Prawns

BÚN CHẢ — *250.000*
Roasted Pork • Spring Rolls • Noodles • Fresh Vermicelli • Local Herbs • Sweet Fish Sauce

BÁNH XÈO — *180.000*
Traditional Savory " Pancake " • Mixed Seafood • Light Dipping Sauce

CƠM | RICE

CƠM CHIÊN HẢI SẢN | SEAFOOD FRIED RICE — *220.000*
Seafood • Prawns • Corn • Carrots • Green Onions • Rice

CƠM CHIÊN TÔM | PRAWN FRIED RICE — *220.000*
Prawns • Rice • Corn • Carrots • Green Onions

CƠM CHIÊN RAU CỦ | VEGETABLE FRIED RICE — *180.000*
Rice • Corn • Carrots • Broccoli • Scallion • Green Onions

CƠM CHIÊN BÒ | BEEF FRIED RICE — *220.000*
Beef • Rice • Corn • Carrots • Green Beans • Onions

CƠM CHIÊN GÀ | CHICKEN FRIED RICE — *220.000*
Chicken • Rice • Corn • Carrots • Green Onions

CƠM CHIÊN RUỐC HUẾ VỚI TÔM | " HUE " STYLE WOK-FRIED RICE WITH PRAWNS — *220.000*
Prawns • Rice • Corn • Carrots • Green Onions • Hue Sauce

CÁC MÓN ĐỒNG QUÊ
FROM THE LAND

GÀ | CHICKEN

CÁNH GÀ CHIÊN MẮM | DEEP-FRIED CHICKEN WINGS WITH FISH SAUCE *220.000*

Chicken Wings • Fish Sauce • Mixed Salad

GÀ XÀO XẢ ỚT | STIR-FRIED CHICKEN WITH LEMONGRASS *220.000*

Chicken Thighs • Lemongrass • Chilli • Steamed Rice

GÀ XÀO HẠT ĐIỀU | STIR-FRIED CHICKEN WITH CASHEW NUTS *270.000*

Chicken Breast • Cashew Nuts • Pineapple • Onions • Tomatoes • Steamed Rice

HEO | PORK

SƯỜN HEO NƯỚNG MẬT ONG | GRILLED PORK RIBS WITH HONEY SAUCE *250.000*

Baby Pork Ribs • Honey • Steamed Rice • Salad

SƯỜN HEO XÀO CHUA NGỌT *250.000*
STIR-FRIED BABY PORK RIBS WITH SWEET & SOUR SAUCE

Baby Pork Ribs • Onions • Bell Peppers • Pineapple • Sweet & Sour Sauce • Steamed Rice

SƯỜN NON NƯỚNG MUỐI ỚT | GRILLED PORK RIBS WITH CHILLI SALT *250.000*

Prices do not include 10% VAT and 5% Service Charge

MỰC | SQUID

MỰC HẤP HÀNH | STEAMED SQUID WITH ONIONS *280.000*
Squid • Onions • Celery

MỰC HẤP NƯỚC DỪA | STEAMED SQUID WITH COCONUT *280.000*
Squid • Coconut • Local Herbs

MỰC XÀO CHUA NGỌT | STIR-FRIED SQUID WITH SWEET & SOUR SAUCE *280.000*
Squid • Tomatoes • Cucumber • Onions • Pineapple • Steamed Rice

MỰC NƯỚNG SA TẾ | GRILLED SQUID WITH SATAY SAUCE *280.000*
Squid • Satay Sauce • Local Herbs • Steamed Rice

MỰC NƯỚNG 12 VỊ | GRILLED SQUID 12 SPICES *280.000*
Squid • 12 Spices • Local Herbs • Steamed Rice

MỰC CƠM CHIÊN NƯỚC MẮM | DEEP-FRIED SQUID WITH FISH SAUCE *280.000*
Squid • Fish Sauce • Local Herbs • Steamed Rice

MỰC TẨM BỘT CHIÊN GIÒN | CRISPY FRIED SQUID *280.000*

MỰC NƯỚNG MUỐI ỚT | GRILLED SQUID WITH CHILLI SALT *280.000*

CÁ | FISH

CÁ THU KHO TỘ | BRAISED MACKEREL *250.000*
Mackerel • Fish Sauce • Local Herbs • Steamed Rice

CÁ THU ÁP CHẢO XỐT CÀ CHUA | PAN-FRIED MACKEREL WITH TOMATO SAUCE *250.000*
Mackerel • Tomato Sauce • Local Herbs • Steamed Rice

CÁ THU ÁP CHẢO XỐT RAU MÙI | PAN-FRIED MACKEREL WITH LOCAL HERBS *250.000*
Mackerel • Local Herbs Sauce • Mixed Salad • Steamed Rice

CÁ DIÊU HỒNG ÁP CHẢO SỐT CÀ | PAN-SEARED RED TILAPIA WITH TOMATO SAUCE *250.000*
Prawns • Squid • Corn • Carrots

Prices do not include 10% VAT and 5% Service Charge

LẨU / HOT POT

LẨU HẢI SẢN | SEAFOOD HOT POT *400.000*

Fish • Squid • Clams • Crab • Cabbage • Green Mustard • Mushrooms • Vermicelli • Tomato Lemongrass

LẨU THÁI HẢI SẢN | THAI STYLE SEAFOOD HOT POT *400.000*

Fish • Squid • Clams • Crab • Cabbage • Green Mustard • Bean Sprouts • Vermicelli • Tomatoes

LẨU BÒ NẤU TIÊU XANH | BEEF & GREEN PEPPER HOT POT *350.000*

Choice : Beef Fillet , Beef Shank , Beef Tenderloin

Fresh Vegetables • Spinach • Black & White Reishi Mushrooms • Vermicelli

Prices do not include 10% VAT and 5% Service Charge

DESSERTS | TRÁNG MIỆNG

CHOCOLATE FONDANT / BÁNH CHOCOLATE LAVA — *180.000*

Chocolate Sponge Cake • Warm Chocolate Lava • Vanilla Ice Cream

(Please Allow 15-20 Minutes for Preparation)

'BRÛLÉE' APPLE & MANGO / TÁO VÀ XOÀI KIỂU ' BRÛLÉE ' — *230.000*

Ginger Filo Pastry • Vanilla Ice Cream • Berries • Toasted Almonds

VIETNAMESE FRUITS / TRÁI CÂY VIỆT NAM — *180.000*

Local Fruits • Shaved Coconut • Chilli & Salt Dipping Spices

PANDAN CREMA CATALANA / BÁNH KEM CATALANA LÁ DỨA — *220.000*

Spanish Burnt Milk Cream • Berries • Orange • Candied Nuts

BLUEBERRY CHEESECAKE / BÁNH PHÔ MAI VIỆT QUẤT — *180.000*

Blueberry • Passion Fruit Coulis

MALVA PUDDING /BÁNH PUDDING MALVA — *180.000*

Served with Vanilla Ice Cream

ICE CREAM / KEM VIÊN — *1 SCOOP: 70* *2 SCOOPS: 130*

Vanilla • Cookies & Cream • Coconut • Salted Caramel

Chocolate Brownie • Strawberry • Chocolate • Banana

Prices do not include 10% VAT and 5% Service Charge

NATURAL BLENDS & SMOOTHIES

SMOOTH TANG — *130.000*
Lemon • Pineapple • Apple • Mint • Yoghurt

PACIFIC PASSION — *130.000*
Passion Fruit • Pineapple • Banana • Coconut • Yoghurt

VITAMIN SEA — *140.000*
Pineapple • Orange • Watermelon • Strawberries
Spirulina • Ginger

ENERGIZE ME — *130.000*
Carrots • Pineapple • Kombucha • Ginger • Spinach

YOGA BERRY — *175.000*
Blueberries • Blackberries • Strawberries • Banana • Yoghurt

MONKEY MANIA — *150.000*
Mango • Apple Juice • Coconut

EAST – WEST — *150.000*
Fresh Mango • Cardamom • Fresh Milk • Frozen Yoghurt • Dates

COCONANA — *150.000*
Coconut Cream • Banana • Frozen Yoghurt • Apple Juice

ALPHA MALE — *150.000*
Banana • Ginger • Yoghurt • Almonds • Peanut Butter
Coconut Water

Optional Milk Choices — *90.000*

HOMEMADE SOYA MILK
Lactose Intolerant, Vegan, Or Seeking Healthier Options?
Sandals Has You Covered With Fresh Milk Packed With Nutrients
For A Natural Energy Boost.

COCONUT MILK
In Sanskrit, The Coconut Palm Is Kappa Vriksha – "The Tree That Gives All For Living."
Our Coconut Milk Is Perfect For The Lactose Intolerant Or Health-Conscious,
Packed With Fiber, Vitamins, And Essential Minerals.

FRESH & BLENDED JUICES

CARROT · WATERMELON · APPLE · ORANGE · PINEAPPLE	*90.000*
LEMON · FRESH COCONUT	*80.000*
VERITABLE VEGETABLE Served with Vanilla Ice Cream	*90.000*
ORANGE ZINGER Served with Vanilla Ice Cream	*90.000*
PRETTY PINK Served with Vanilla Ice Cream	*90.000*
THE GLOW Served with Vanilla Ice Cream	*90.000*

SOFT DRINKS

COKE · DIET COKE · TONIC SODA · RED BULL · 7UP	*55.000*
GINGER BEER · GINGER ALE	*70.000*

MILKSHAKES

CHOCOLATE · VANILLA · STRAWBERRY **AFTER EIGHT · MANGO · COCONUT**	*150.000*

MINERAL WATER

LAVIE STILL WATER	**500 ML**	**35.000**
DANH THANH SPARKLING WATER		
SAN PELLEGRINO SPARKLING WATER		

1,5 ML	*55.000*
500 ML	*35.000*
750 ML	*125.000*

VIETNAMESE COFFEE

Coffee (Cà Phê) Was Introduced To Vietnam During The French Occupation In The 19th Century. Since Then, The Country Has Become One Of The World's Leading Producers Of Robusta Coffee. More Importantly, Vietnamese Coffee Has Developed Its Own Unique Style, Making A Morning Cup Of Cà Phê A Cherished Local Tradition. Discover Your Favorite Blend, Sip It Slowly, And Stir Until You Achieve The Perfect Consistency And Flavor

ICED WHITE COFFEE **HOT WHITE COFFEE** **ICED BLACK COFFEE** **HOT BLACK COFFEE**	*60.000*

LAVAZZA *Coffee*

ESPRESSO · AMERICANO	*90.000*
CAFE LATTE · CAPPUCCINO · ICED LATTE	*100.000*
CARAMEL MACCHIATO	*115.000*
ESPRESSO SUA DA	*90.000*
SALT COFFEE	*90.000*

TWININGS TEA

ENGLISH BREAKFAST · EARL GREY · GREEN TEA **SWEET BERRIES · CHAMOMILE**	*90.000*

Prices do not include 10% VAT and 5% Service Charge

BEER & CIDERS

BIVINA	*60.000*
TIGER CRYSTAL	*80.000*
TIGER BOTTLE	*80.000*
HEINEKEN · HEINEKEN SILVER BOTTLE	*90.000*
STRONGBOW APPLE CIDER	*90.000*
CORONA	*125.000*
ASAHI	*130.000*

TAP BEER

	SMALL	*LARGE*
ROOSTER BLONDE · DARK CRAFT BEER	*110.000*	*140.000*
HEINEKEN SILVER DRAUGHT	*90.000*	*125.000*
TIGER DRAUGHT	*80.000*	*115.000*

Prices do not include 10% VAT and 5% Service Charge

SAILING CLASSICS..... 210.000

RISING DRAGON
Absolut Raspberry Vodka • Cointreau • Mixed Berries
Mango Syrup • Apple & Mint Foam

LILLET BERRY
Lillet • Berries • Elderflower Syrup • Tonic • Cucumber • Mint

SEXY MARTINI
Absolut Vanilla Vodka • Passion Fruit • Passion Fruit Purée
Vanilla Sugar • Side of Bubbly

MIDORI SUMMER
Havana Rum 3 Years • Malibu • Midori • Cointreau
Passion Fruit Juice & Purée • Lime • Honey

ESPRESSO MARTINI
Absolut Vodka • Kahlúa • Vietnamese Coffee • Condensed Milk

TIKI
Havana Añejo Rum • Martini Bianco • Pineapple Syrup • Lime
Honey • Ginger Beer • Bitters

COCONUT COLADA
Havana Añejo Rum • Malibu • Coconut Ice Cream • Fresh Coconut

NEGRONI
Monkey 47 Gin • Havana Club 7 • Campari • Aperol • Cacao

TROPICAL FIRE KISS
Red Chilli • Basil • Vodka • Passion Fruit • Passion Fruit Purée • Lime
Honey · Fresh Basil Leaf

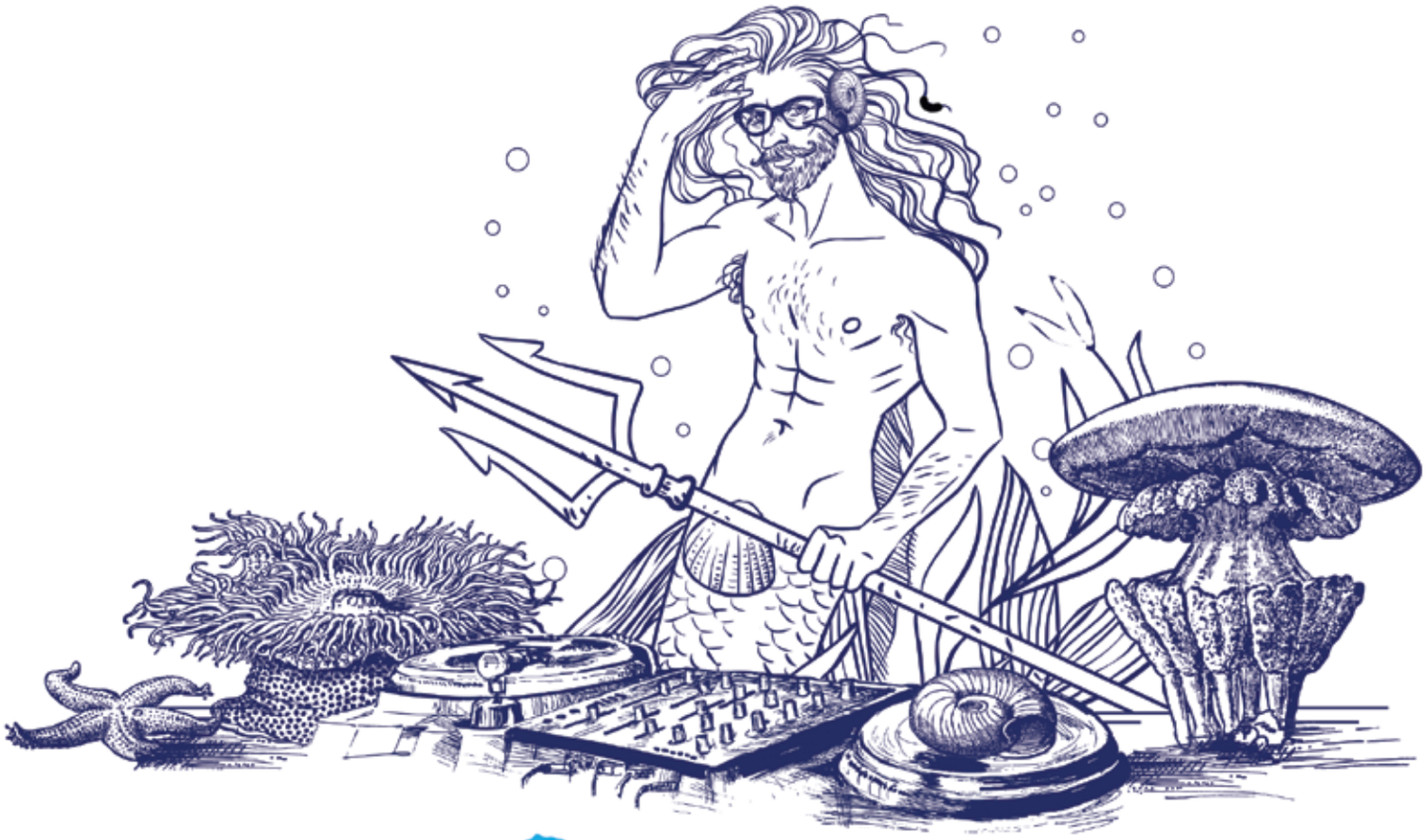
GREEN TEA 24
Beefeater 24 London Dry Gin • Davinci Lemon • Elder Flower
Imported Tonic • Vietnamese Green Leaf

OCEAN'S ELYXIR
Elyx • Rose Lillet Berries • Elder Flower Syrup • Thomas Tonic

STRAWBERRY DAIQUIRI
Havana Rum • Absolut Vodka • Strawberry Syrup • Lime • Sugar Syrup

GOLD COAST
Beefeater • Infused Tea • Elder Syrup • Berries Mix • Imported Tonic

Prices do not include 10% VAT and 5% Service Charge



Bring on THE NIGHT

This is where the fun begins. Once the sun sets, it's time to put on your dancing shoes (or stay barefoot – we don't mind either way).

This is when Sailing Club changes from beach restaurant and bar to night club, with a host of entertainment in the way of shows, live bands and DJ's, leaving room for nothing but family, friends, fun and of course frolicking on the dancefloor.

SAILING CLUB
Beach Club | NHA TRANG